



Delivery of Pain Medication

You may receive pain medication in the following ways:

- **Orally** (by mouth)
- **Patch:** medication is embedded in a patch and applied to your skin that you change every two to three days
- **Injection** into your skin, your muscle or sometimes directly into your spine (an epidural)
- **Intravenous:** a needle is placed into your vein and remains there. This may be connected to "Patient-Controlled Analgesia" or PCA. PCA allows you to give yourself pain medication as needed in pre-selected doses from your doctor.

Side Effects

There can be side effects from pain medicine. These can include constipation, nausea, drowsiness, slowed breathing, itching, confusion and a dry mouth. Notify your doctor about any side effects you experience to see whether changing your dosage or medication will make you more comfortable.

Ask your doctor about ways to minimize these side effects, and know that some, such as drowsiness, may go away as you become accustomed to the medication.

Remember

You have the right to have your pain controlled, no matter what its cause or severity. Your healthcare team will inform you of many ways to help fight your pain and bring it under control, promoting a better quality of life.

Contributing to the Community's Health

Frequently people inquire as to how they may make a contribution to the community's health. We encourage you to consider Glendale Adventist Medical Center's Healthcare Foundation whenever you or your family desire to make a difference in the health of our community. For more information, please call (818) 409-8055.

Physician Referral (818)409-8100

CANCER SERVICES
CANCER-RELATED PAIN

HEALTH CONNECTIONS

Managing Cancer-Related Pain

at Glendale Adventist
Medical Center



There are different side effects to cancer treatment. Your doctor will discuss with you how best to relieve cancer-related pain.

www.glendaleadventist.com

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